

Renton Senior Activity Center

MEAL TIME 11:30 TO 12:00

March 2024

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<p><i>A \$5 donation is suggested for Seniors 60+, all others \$10.</i></p> <p>425-430-6633</p>		<p><i>*Advance reservations are suggested for the St Patrick Day Luncheon!</i></p>		<p>Creamy Marsala Chicken Rice Pilaf Mixed Vegetables Fruit Dinner Roll</p>
4	5	6	7	8
<p><u>National Pound Cake Day</u></p> <p>Cabbage and Onions, Smoked Sausage Pasta Pineapple Strawberry Pound Cake</p>	<p>Chef Bless-it Burger Cheeseburger w/ Bacon Broccoli Fruit Dessert</p>	<p>Hearty Italian Meatball Soup Cauliflower Fruit Mixed Green Salad Toasted Bread</p>	<p>Smothered Pork Chops Corn on the Cob Salad Fruit Cornbread Muffin</p>	<p><u>International Women's Day</u></p> <p>Jamaican Jerk Chicken Twice Baked Garlic Mashed Potatoes Candied Carrots Green Salad w/ Champagne Vinaigrette Fruit Dessert Dinner Roll</p>
11	12	13	14	15
<p>Spaghetti Meatballs Ceaser Salad Fruit Garlic Bread Dessert</p>	<p>Greek Chicken Pasta Sauté Vegetables Fruit Bread Dessert</p>	<p><u>National Chicken Soup Day</u></p> <p>Chicken Noodle Soup Green Beans Grilled Cheese Fruit Desert</p>	<p>Tuna & Lime Tostada Southwestern Corn Salad Fruit Dessert</p>	<p><u>*St. Patrick's Day Luncheon*</u></p> <p>Guinness Beef Stew Soda Bread Spicy Cabbage Fruit Lucky Charm Cookie</p>
18	19	20	21	22
<p>Grilled Chicken with Peach Salsa Cabbage Mixed Green Salad Bread</p>	<p>Salmon Patties Sauted Spinach Fruit Salad Dessert Bread</p>	<p>Crispy Chicken Tenderloins Sweet Potatoes Salad Sautéed Corn Fruit Dessert</p>	<p>Beef Hot Dog Chips Buttered Broccoli Fruit Iceberg Salad Dessert</p>	<p>Grilled Ham and Cheese Pita Chips and Hummus Dip Spinach Salad Dessert</p>
25	26	27	28	29
<p><u>National Waffle Day</u></p> <p>Waffles & Sausage Broccoli and Carrots Apple Sauce</p>	<p>Anthony's Fried Turkey Mac and Cheese Collard Greens Cornbread Fruit</p>	<p><u>World of Whiskey Day</u></p> <p>Whiskey BBQ Chicken Cabbage/ Onions Rice Pilaf Fruit Dessert</p>	<p>Meatloaf Garlic Mashed Potatoes Peas and Carrots Fruit Dessert</p>	<p>Clam Chowder Oyster Crackers Broccoli Bacon Cheddar Salad Fruit Dessert</p>